

## Courses LEaDing Fellows Post-Doc Programme

Each applicant will choose and attend at least three courses in transferable skills and mention them in their individual training plan (which is part of their application). Applicants are free to choose courses which are not on the list.

Name course	Institution	Content	Duration	Costs	More information
Academic Writing	Leiden University	The course Academic Writing aims to develop and expand the skills required to write reports, articles, books and dissertations in English and teaches participants to write in language that is both effective and appropriate for academic texts. (for Science see als communication in science training)	6 x 3 hours.	Fee t.b.a.	<a href="http://phd.leiden.edu/current/generic/research/academic-writing.html">http://phd.leiden.edu/current/generic/research/academic-writing.html</a>
Basic methods and reasoning in biostatistics	LUMC	This course covers the fundamental toolbox of biostatistical methods plus a solid methodological basic to properly interpret statistical results. In this course we will cover basics of biostatistics and the participants will learn how to analyze problems in clinical research using SPSS. Subjects covered are among others: methodology of statistical analysis; causal inference; descriptive statistics; the principle of statistical estimation and testing; cross tabulation and chi-square test; Student t-test and the correspondence with non-parametric counterparts; simple regression and	1 week (followed by an examination).	950 euro (for participants outside LUMC)	<a href="https://www.boerhaavenascholing.nl/pages/Boerhaave/ActivityDetails?obiid=31857">https://www.boerhaavenascholing.nl/pages/Boerhaave/ActivityDetails?obiid=31857</a>
Being a scientist (research integrity)	LUMC/Leiden University	This workshop on scientific integrity will give you the opportunity to discuss this “not so pretty side” of science with other researchers. You will cover such questions as: What is scientific misconduct? How should conflicting interests be handled? Does your supervisor ask you to bend the rules in name of science? To what extent can money corrupt scientists? The obvious cases of fraud and misconduct are often very clear. During this course we will pay attention to the 'gray	0,5 day.		<a href="http://phd.leiden.edu/current/generic/research/on-being-a-scientist.html">http://phd.leiden.edu/current/generic/research/on-being-a-scientist.html</a>
Career Development - From research to industry	TU Delft	For many, working within academia longer-term isn't attainable due to limited funding so they turn to private industry for securing employment. For others, private industry is their preferred option but they are daunted by the task of beginning a job search. This interactive workshop will help delegates explore their construct of working in private industry and to provide them with tools and techniques for managing their job search.	1 day.	€160,--	
Career Development - Preparing for your next career step in academia	TU Delft	This workshop will explore the realities of an academic career, help you determine your state of readiness and to create a personal development plan for succeeding in academia.	1 day.	€160,--	
Cross cultural communication skills in academia	TU Delft	After this workshop, you'll be able to recognize the cultural variables that influence your communication with your colleagues at TU Delft. We will do this by familiarizing you with various international studies on how cultural variables influence work assumptions and relationships. We will also help you to improve your vocabulary for discussing cultural differences in a neutral and inoffensive way. This will ultimately help you to maximize your ability to communicate in an international setting and minimize the risk of misunderstandings.	2 days.	€320,--	
Communication, Coping-strategies & Awareness	TU Delft	The aim of this course is to make you aware of and enhance your personal qualities (i.e. your 'strengths and weaknesses',) in communication. By increasing your skills in purposeful self-reflection and communication you will learn to cope better with feedback, criticism, conflict and (in)dependency. These coping skills are an important part of the ability to take the lead in your own research (team).	2 days.	€320,--	
Competences & Motives	Leiden University	This intensive 2-day course with afterwards an individual coaching session offers insight into career possibilities and helps you make choices for your future. You will gain insight into: <ul style="list-style-type: none"> <li>•Competences, motives and career possibilities in relation to your present or future job</li> <li>•Pitfalls and challenges</li> <li>•Possibilities for improving your employability</li> </ul>	2 days and an individual meeting.	Fee t.b.a.	<a href="http://phd.leiden.edu/current/generic/career-counsel/competences-and-core-qualities.html">http://phd.leiden.edu/current/generic/career-counsel/competences-and-core-qualities.html</a>

<b>eBROK: Basic course on regulations and organisation for clinical investigators</b>	LUMC	Clinical investigators have to satisfy the stringent requirements set by the legislator for the implementation of medical scientific research. Hence, clinical investigators should not only be experts in the area of medical scientific research, but should also know everything about the legislation and regulation and about the arrangements that should be made with the supporting departments in order to be able to carry out the research. All these aspects are addressed in the eBROK®, which is a joint initiative of the eight university medical centers (UMC) in the Netherlands (NFU). Another important aspect of the course is that well-trained investigators will produce a better quality.	Self-assessment, a study package, a centre-specific session and a national examination.	500 euro (for UMC staff)	<a href="https://nfubrokacademie.nl/ebrok-course/general-information">https://nfubrokacademie.nl/ebrok-course/general-information</a>
<b>English and Dutch Courses</b>	Erasmus MC	learning Dutch / improving English			<a href="http://www.erasmusmc.nl/internationaloffice/employees/active-emp/english-and-dutch-courses/?lang=en">http://www.erasmusmc.nl/internationaloffice/employees/active-emp/english-and-dutch-courses/?lang=en</a>
<b>Erasmus MC Postdoc Network</b>	Erasmus MC	Postdoc Network meetings are organized four times per year. As part of these meetings, workshops will be given focussing on career development and academic and transferable skills, such as negotiation, leadership skills, networking, collaborating, and grant writing. Each Postdoc Network meeting will end with an informal reception for networking	0,5 day.	No costs for participants.	<a href="http://www.erasmusmc.nl/postdoc-network/">http://www.erasmusmc.nl/postdoc-network/</a>
<b>Erasmus MC Career event</b>	Erasmus MC	Symposium with professionals who obtained a PhD and give insight in their own career paths and choices, and give insight into their jobs and daily businesses. It also includes a workshop and networking	0,5 day.	No costs for participants.	<a href="http://www.erasmusmc.nl/postdoc-network/activities/past-events/">http://www.erasmusmc.nl/postdoc-network/activities/past-events/</a>
<b>Interview skills</b>	Leiden University	How can I best present myself on the job market in a CV, a letter and in the interview, both for a vacancy that is a logical progression in my career, and for a career switch. How can I best present myself on the job market in a CV, a letter and in the interview, both for a vacancy that is a logical progression in my career, and for a career switch.	2 days.	Fee t.b.a.	<a href="http://phd.leiden.edu/current-generic/career-counsel/interview-skills.html">http://phd.leiden.edu/current-generic/career-counsel/interview-skills.html</a>
<b>Leadership &amp; Management</b>	Erasmus University Rotterdam			Fee required	<a href="http://www.eur.nl/english/staff/hr_policy/top_training/courses/">http://www.eur.nl/english/staff/hr_policy/top_training/courses/</a>
<b>Networking Skills for Young Scientists</b>	Leiden University	This workshop deals with 'how' to network based on scientific literature and on interviews with respected scientists of different age and background. The course starts with theory on how to use a network, possibilities and strategies to approach people and how to maintain good relationships. Subsequently, there will be time for the individual questions and requests for participants.	0,5 day.	Fee t.b.a.	<a href="http://phd.leiden.edu/current-generic/p-e/netwerken-voor-promovendi.html">http://phd.leiden.edu/current-generic/p-e/netwerken-voor-promovendi.html</a>
<b>Orientation on your career</b>	Erasmus University Rotterdam			Fee required	<a href="http://www.eur.nl/english/staff/hr_policy/top_training/courses/">http://www.eur.nl/english/staff/hr_policy/top_training/courses/</a>
<b>Presenting skills</b>	Leiden University	The course will pay attention to: Attuning content and form of your presentation; designing a presentation for a specific audience; slide design and illustrations that support your message convincingly; do's and don'ts of power point and speaking skills: authentic and convincingly speaking, verbal and non-verbal aspects, answering questions and reducing fear of speaking in public	1,5 day.	Fee t.b.a.	<a href="http://phd.leiden.edu/current-generic/p-e/presenting-skills.html">http://phd.leiden.edu/current-generic/p-e/presenting-skills.html</a>
<b>Personal development</b>	Erasmus University Rotterdam			Fee required	<a href="http://www.eur.nl/english/staff/hr_policy/top_training/courses/">http://www.eur.nl/english/staff/hr_policy/top_training/courses/</a>
<b>Research management for postdocs</b>	Erasmus MC	This two-days training course focuses on different aspects of research management such as: time management, project management, negotiating, and yearly reviews	2 days.	Fee required	<a href="https://www.molmed.nl/">https://www.molmed.nl/</a>
<b>Research &amp; Didactics</b>	Erasmus University Rotterdam			Fee required	<a href="http://www.eur.nl/english/staff/hr_policy/top_training/courses/">http://www.eur.nl/english/staff/hr_policy/top_training/courses/</a>

<b>Self-management Strategies</b>	TU Delft	The aim of the course is to learn to manage yourself in the research process, to keep your process ongoing. Learn to find a balance between self imposed and expected high standards and reality of daily life activities, and learn responsiveness to changes, new circumstances, inevitable delays, and challenges	2 days	€320,--	
<b>Share your (biotechnology) research with a broad audience</b>	LUMC	A training course on 'how to share your biotechnology research with a broad audience, like patients, clients, journalists or investors'. How do you go about this? What should you tell and how to make sure that the reader doesn't lose quickly interest after the first sentences. In the workshop Marianne Heselmans and Astrid Smit – two experienced science journalists - provides you with tools to do this. They will teach you to understand the reader, to discover your own appealing story, to write this down in a clear way. The workshops are practical. You get started quickly, after a theoretical introduction. Smit and Heselmans prefer to work with your own texts. These may be blogs, websites, articles for specialist journals, posters, press releases or presentations. You work on an assignment already before and also between the two workshop sessions.	1 day.	150 euro	<a href="https://www.medgencentre.nl/">https://www.medgencentre.nl/</a>
<b>Starting Supervision in Science</b>	Erasmus MC	Supervising PhD candidates is a process, which is guided by personal drive and beliefs. Erasmus MC offers a training specifically for young researchers which explores the process of interaction and communication during the supervision. Is the interaction working? What is going on beneath the surface in terms of convictions, feelings and drives? How can expectations be matched? This approach gives supervisors insight into the path towards optimal results.	2 days.	Fee required	<a href="http://www.erasmusmc.nl/postdoc-network/activities/course-starting-supervision/">http://www.erasmusmc.nl/postdoc-network/activities/course-starting-supervision/</a>
<b>Research management for postdocs</b>	Erasmus MC	This two-days training course focuses on different aspects of research management such as: time management, project management, negotiating, and yearly reviews	2 days.	Fee required	<a href="https://www.molmed.nl/">https://www.molmed.nl/</a>
<b>Valorisation for beginners</b>	Erasmus University Rotterdam			Fee required	<a href="https://www.egs3h.eur.nl/home/brochures/brochure-phd-course-guide/">https://www.egs3h.eur.nl/home/brochures/brochure-phd-course-guide/</a>